

To parents or guardians

School Fruit delivers fresh fruit to students at school

As you probably already know, fruit and vegetables are a good source of vitamins, fibre and other nutrients our bodies need. Fruit and vegetables are important for people of all ages, and especially so for schoolchildren who are still growing and need to establish good lifelong eating habits.

As a parent, you certainly don't need one more thing to keep track of in your busy life. To help you make sure your child gets the fruit and vegetables they need, you can register for a School Fruit subscription. For only NOK 15 a week, students receive fresh fruit and vegetables every day.

Read more and place your order at skolefrukt.no or call 815 20 123 on weekdays from 8 a.m. to 5 p.m.

What do students receive?

The most common fruits are apples, bananas, kiwis, oranges, clementines, nectarines and pears. Vegetables can be either small bags of snack carrots or well-washed carrots that are ready to eat. The selection may vary slightly in different parts of the country and in different seasons, but all students will receive a wide variety of high-quality fruit and vegetables.

In order to be able to supply quality products, School Fruit has partnerships with suppliers throughout the country. In addition, schools have their own coolers to safely store the fruit to make sure it keeps well. We know that fresh fruit tastes best when it is handled and stored properly and School Fruit makes sure that it is.

Read more about what students receive at skolefrukt.no.

Subscription and payment

Today, the government subsidises the School Fruit programme with NOK 1. That means it only costs NOK 3 for each day the student receives fruit. You only pay for the days your child receives fruit, and you can pay for half a year or one year at a time. You can register and subscribe online at skolefrukt.no. You register your information and get a username and password that you can use for future orders.

The price is calculated from the number of school days in a semester, so it can vary slightly from semester to semester. For the spring semester, 100 days of fruit costs NOK 300.

Fruit is distributed to students as soon as possible after registration. You can pay for your School Fruit subscription by Visa, MasterCard or bank transfer. If you choose to pay by bank transfer, you can receive payment information either by email, text message (SMS) or invoice.

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